



**NO THRONES**

**NO CROWNS**

**NO KINGS**

## **Song & Chant Sheet**

**March 28, 2026**

**\*Titles of Songs are hyperlinked to audio / video of songs**

**\*\* This song + chant sheet also notes in which setting a song will work best: March, Rally, Vigil, Sit In...**

*Songs compiled by the Kairos Center's Songs in the Key of Resistance (SKOR) Project in collaboration with Singing Resistance and Resistance Revival Choir*

  
**KAIROΣ CENTER**  
FOR RELIGIONS, RIGHTS & SOCIAL JUSTICE

## We Are the Movement

### ***Rally. March, or Vigil***

By the Peace Poets

*A freedom love song to us: the movement for liberation. This is a song to GROUND, INSPIRE, AND CONNECT us when we gather online or in the streets to struggle for liberation. It's purpose is to express how simple and beautiful it is to be part of taking action for every single human's liberation.*

We are the movement  
Liberation moving  
For every single human  
We have come to win

## We Will Protect Each Other

### ***Rally. March, or Vigil***

By the Peace Poets with Francisco Herrera and Oona Valle

*This song was written for migrant justice work in California and across the country. Used to ground the group in our commitment to each other and also to remember that the lands, waters and skies are always on OUR side.*

We will... Protect Each Other  
We will... be everything we need  
The good land... The wild Water  
The whole Sky... is always on our side!

***Creole verse by Naika Loissaint with The Circle Keepers***

Nou va pwoteje youn lòt,  
E nou va tout sa nou va bezwen  
Bon tè a, gwo dlo ak syèl la  
You tout nèt, yo toujou avek nou.

*Spanish verse by Martin Urbach and Lu Aya*

Nosotros nos protegemos  
Somos nuestra salvación.  
La tierra, el agua, el cielo,  
Siempre nos guiarán

## No Están Solos

### ***Rally. March, or Vigil***

By Francisco Herrera, Emma's Revolution and The Peace Poets

*This song was written in collaboration with migrant justice and anti-militarism organizers from the School of the America's Watch in front of Eloy Detention Center in Arizona. Always powerful song to sing to those who are inside and to each other as we bravely speak out and act for justice.*

No están solos, no están solas  
Juntos hacemos la Liberación

## We Get There Together

### ***Rally, Vigil, or Sit In - Also used for De-Escalation***

By Joshua Blaine

*Josh wrote this song in 2022 as part of a We Cry Justice artists collective project and was inspired by Dan Jones' chapter from We Cry Justice, "A Mixed Multitude." He also drew from the poem by Aurora Levins Morales, "Red Sea," in which she challenges us to ask: what happens this time if we all cross together? This song has become an important song sung in protest spaces and gatherings calling for a ceasefire in Gaza. For a longer story behind the song, see the link above.*

No one is getting left behind this time  
No one is getting left behind  
No one is getting left behind this time  
We get there together or never get there at all  
We get there together or never get there at all  
We get there together or never get there at all

## Hold On

### ***Rally or Grief Vigils***

By Heidi Wilson

*This song was written in 2018 after a teenager in Wilson's community was lost to suicide. Composed for a community gathering, it was created to offer hope, connection, and comfort in times of deep grief and long, dark seasons. Today, the song is being taken up by community members in Minneapolis, as ICE occupies their neighborhoods and immigrant families fear leaving their homes. Hundreds have gathered to sing through the streets—lifting their voices toward neighbors who are isolated and afraid—offering a living practice of hope, solidarity, and collective care.*

Hold on, hold on  
My dear ones here comes the dawn

## **Ain't Gonna Let Nobody**

### **Rally or March**

*This song, adapted from the spiritual “Don’t Let Nobody Turn You Around”, was first introduced by Reverend Ralph Abernathy to organizers of the Albany Movement at Mount Zion Baptist Church in 1962. The song was quickly taken up and used by activists willing to face arrest, and worse, in order to bring about the desegregation of bus and train stations, as well as other public facilities in Albany, GA. As an example of the song’s significance as an adaptable freedom song, lyrics originally included references to the now-historical adversaries to integration in Albany like Captain Pritchett, Mayor Kelly, and the town legislature’s injunction on public protest (“ain’t gonna let no injunction turn me around...”). The song has since been updated by the Poor People’s Campaign as a way to face down the powerful few who act as obstacles to the many who strive for justice and equality for all.*

Ain't gonna let nobody turn me 'round,  
Turn me round, turn me 'round.  
Ain't gonna let nobody, turn me 'round.  
I'm gonna keep on a walkin', keep on a talkin',  
Marching up to freedom land

Ain't gonna let voter suppression  
Ain't gonna let racism turn me 'round  
Ain't gonna let no poverty  
Ain't gonna let no war economy  
Ain't gonna let no Congress

## **This Is for Our Families**

### **Rally, March or Vigil**

*The Peace Poets with Mijente for direct actions against family separation in 2018. The second verse was added in 2026 when children inside the Dilley Detention Center in TX were heard crying out from inside - Libertad, Libertad.*

This is for our families who are locked inside,  
together, we will, Abolish ICE

The voices of our children will be our guide  
They cried freedom, So now we rise

\*Variation: neighbors, children, mothers

## **Until All of Us Are Free**

By: Arnaé Batson

*Inspired by the words of Fannie Lou Hamer— “Until I am free, you are not free either” during a speech she delivered at the founding of the National Women's Political Caucus in Washington, D.C., on July 10, 1971. **Note - this song has a 5 part harmony. When used in a march - focus on the first 2 parts.***

None of us, none of us, no of us are free  
Until all of us, all of us, all of us are free

## **Never Again Para Nadie**

### **Rally, March or Vigil**

By emet ezell

*Never Again Para Nadie was written by poet and songcatcher, emet ezell, the night before a big Never Again Action and Cosecha march in Boston the summer of 2019. The organizers expected a few hundred to show up but more than double that number turned out and nearly a thousand marched through the streets that day singing this song all the way to the ICE detention center to protest family separation and child detention.*

We've got ancestors at our backs  
We've got generations forward  
We've got land and spirit in our bones  
Never again para nadie  
Never again free families

## **It's Ok to Change Your Mind**

### **Song to Encourage Defections**

By Annie Schlaefer

*Minneapolis-based community song circle leader, Annie Schlaefer in response to escalating ICE raids and authoritarian violence in the Twin Cities. It is inspired by Otpor!, the Serbian civil resistance movement who overthrew dictator Slobodan Milošević in 2000. Otpor! members were regularly arrested and beaten by police. Afterward, they would show up to police stations and officers' houses chanting “You may not join us today, but you can join us tomorrow.” In the final hours of their revolution, hundreds of thousands of people from across Serbia marched on Belgrade. Milosevic ordered the police and military to fire on massive crowds of protestors, and they refused. They were done being on the wrong side of history.*

Ohh, it's okay to change your mind.  
Show us your courage,  
leave this behind.  
Ohh it's okay to change your mind,  
and you can join us,  
join us here anytime.

## Neighbor Neighbor Can't You See (call and response)

### *March*

*The version of this song originated in 2014, when organizer Avery Book heard an adaptation of the military cadence "What The Army Has Done To Me" at a Movement for Black Lives action in Vermont – "mama, mama can't you see/what the system's done to me". At this action he encountered an army veteran who heard in this adaptation a connection between the state violence he saw in war, and the state-sanctioned police brutality directed at marginalized communities. Reflecting on the movement for universal healthcare in Vermont, Book began to see politicians who deny citizens a right to adequate healthcare also as perpetrators of state violence. The song was then further adapted at an action taken to pressure Vermont's governor to fulfill a campaign promise to bring universal healthcare to the state, at which point the lyric was changed to "neighbor, neighbor can't you see", reflecting solidarity across movements and communities who suffer the results of political negligence and state-sanctioned violence.*

Neighbor neighbor can't you see  
Democracy is what we need  
Oh oh oh oh oh, this power grab has got to go

Neighbor neighbor can't you see  
Immigrant families should be free  
Oh oh oh oh oh, ICE raids have got to go

Neighbor neighbor can't you see  
We need peace and dignity  
Oh oh oh oh oh, these endless wars have got to go

Healthcare is a human right  
That's why today we stand and fight  
Oh oh oh oh oh, healthcare cuts have got to go

Neighbor neighbor can't you see  
A living wage is what we need  
Oh oh oh oh oh, exploitation's got to go

Neighbor neighbor neighbor can't you see  
Why liberation's what we need  
Oh oh oh oh oh, gender norms have got to go

Education is a right  
That's why today we stand and fight  
Oh oh oh oh oh, privatization's got to go

Ain't no way we're backing down  
We're rising up the time is now (2x)

## Rich Man's House

### *Rally*

By Minka Wiltz and the Economic Human Rights Choir of the New Freedom Bus Tour

### *Rich Man's House Oral History Video*

*Rich Man's House is a powerful song that was birthed by poor and homeless families of the Kensington Welfare Rights Union during the New Freedom Bus Tour in 1998. It is a song that lifts up the power of the 140 million poor and low income people in this country who are organizing to take back what is ours. This song has been sung at state capitals, eviction defense actions, mass meetings, bus tours and in homeless encampments to lift up our dignity and humanity as poor and dispossessed people in a cruelly unjust society. As the leaders of the New Freedom Bus Tour learned, the struggles they were facing in Kensington and the injustices that they were organizing to end were connected to the struggles that other poor and dispossessed people across the United States. Rich Man's House became a symbol for the capitalist system that has become all too comfortable with the death of our people at the hands of poverty, systemic racism, militarism and ecological devastation. The song became a declaration that we would no longer allow this death dealing system to "walk all over me." We sing this song today to demand that our lives and our dignity be the guiding priority of our work to build the world our people need and deserve.*

I went down to the rich man's house  
And I took back what he stole from me  
Took back my dignity  
Took back my humanity (2x)

And now it's under my feet (where?)

Under my feet (where?)

Under my feet (where?)

Under my feet

Ain't gonna let no system walk all over me

Went down to the ICE office

Went down to the DHS office

Went down to Congress

Went down to the White House...

## This Joy

### *Rally or March*

By Shirley Caesar, Shared by the Resistance Revival Choir

*This joy comes to us through the Black Church. Composed by Shirley Caesar, a pastor and 12-time Grammy winner, known as the "First Lady of Gospel Music." Caesar was born in 1938 in Durham, North Carolina and later founded Mount Calvary Word of Faith Church, in nearby Raleigh, which she still leads today.*

This joy that I have,  
The world didn't give it to me.  
This joy that I have,  
The world didn't give it to me.  
This joy that I have.  
The world didn't give it to me.  
The world didn't give it and the world can't take it away.

Replace the word "joy" with:

- Love
- Peace
- Strength
- Song

## All You Fascists Bound to Lose

### *Rally*

By Woody Guthrie

I'm gonna tell you fascists  
You may be surprised  
The people in this world  
Are getting organized

### **CHORUS**

You're bound to lose  
You fascists bound to lose  
All of you fascists bound to lose  
All of you fascists bound to lose  
All of you fascists bound to lose  
You're bound to lose!  
You fascists  
Bound to lose!

People of every nation  
Marching side to side  
Marching 'cross these fields  
Where a million fascists die

## All of the Children Are Always Ours

*Rally, March, or Vigil (for a march - sing first verse or do as call + response)*

By Martin Urbach

"The children are always ours, every single one of them, all over the globe; and I am beginning to suspect that whoever is incapable of recognizing this may be incapable of morality."—James Baldwin

All of the children are always ours  
All of the children are always our  
Together we'll abolish ICE  
Together unidas mi gente will rise  
All of the children are always ours

From the river to the sea  
Palestina will be free

Peace won't come from genocide  
Beloveds! join me on justice's side

We were made for these times  
Free our families organize

Peace won't come from endless war  
Not from walls or prison doors

Hands together, voices strong  
Build a world where all belong

### **Assata's Chant**

Adapted to Song by Resistance Revival Choir

It is our duty to fight for freedom  
It is our duty to win  
We must love and support each other  
We have nothing to lose but our chains

## Rise Up (call and response)

### March or Rally

By Charon Hribar and Jose Vasquez

*“Rise Up” is a song written in the wake of growing uprisings around the United States in 2016 responding to the unjust killings of black people (Michael Brown, Eric Garner, Freddy Gray, Alton Sterling, Philando Castile and others) by police; the militarized response to protests against the Dakota Access Pipeline on the Standing Rock Sioux Reservation; the government’s intentional disregard that led to the water crisis in Flint, MI; as well as worsening economic conditions experienced by the 140 million poor and low income people in this country. Charon Hribar and Jose Vasquez wrote this song as a mantra that could be used by grassroots leaders who were coming together to organize for the launch of a new Poor People’s Campaign in December 2017. The song was first shared at a national gathering of grassroots movement leaders, artists, cultural workers, and media makers in Baltimore, MD in August 2016. Drawing on a long-standing tradition of call and response music, “Rise Up” is a call to unite as poor and dispossessed people to put an end to the violence, hatred, and greed enacted against our people.*

Rise up we’re gonna rise up

Rise up we’re gonna rise up

We ain’t gonna let nobody turn us around

Because the people united will stand our ground

Rise up we’re gonna rise up

Rise up we’re gonna rise up

The powers that be can’t keep us down

We’re gonna rise up and turn the world around

Rise up come on and rise up

Rise up come on and rise up

The people are ready so follow our lead

We’ll put an end to the violence, the hatred and greed

Rise up we’re gonna rise up

Rise up we’re gonna rise up

Rise up (4x)

## We Belong to Each Other

By Annie Schlaefer

Song written after the words by Nikita Gill

Everyone, oh everyone, oh everyone

of these people are ours,

just like we are theirs.

We belong to them, and they belong to us.

## Our Liberation

By the Peace Poets

Your liberation is my liberation

And my liberation is your liberation

So let me hear the people say

Let’s Get Free (Let’s Get Free)

Let’s Get Free (Let’s Get Free)

## We Want Justice (Call and Response)

*Written in the spirit of a traditional civil rights chant by Abena Koomson-Davis, the Resistance Revival Chorus’s musical director from 2017-2024. It is a call-and-response song that can be customized to the needs of the moment.*

We want justice (3x)

We want it now

We want freedom (3x)

We want it now

We want honor (3x)

We want it now

## Rebel

### ***Rally or March***

By the Peace Poets

Rebel against the war they sell  
Rebel against the lies they tell  
Rebel and let us do this right  
Rebel for the children in the world tonight

Rebel for all the people in...  
Rebel for all the families in...

*Can also change to: rebel for all the children in Gaza / NY /  
Dilley / Iran tonight*

## We Were Made for These Times

### ***Rally or Vigil***

By Angela Gabriel

Text inspired by Clarisa Pinkola Estés in her powerful piece  
"Letter To A Young Activist During Troubled Times" This  
song can be used to SET THE TONE AND GROUND  
the gathering.

Don't give up hope, we were made for these times  
Don't give up hope, we were made for these times  
Don't give up hope, we were made for these times  
Show your soul, it shines like gold  
In these dark times

Don't lose heart  
Don't give up hope  
We're marching for freedom  
We're fighting for justice

## It Doesn't Have To Be Like This

### ***March or Rally***

By No Enemies Choir

We are unstoppable  
Another world is possible

It doesn't have to be like this  
It doesn't have to be like this

Today, another world is possible

Luchamos por la libertad

Aqui, luchamos por la libertad

They didn't know that we were seeds

## Set It Right Again

By Ana Hernandez

### ***March or Rally***

*This song adapts a line from Sojourner Truth's stirring and  
courageous speech at the 1851 Women's Rights Convention in  
Akron Ohio, as transcribed by Marius Robinson: "I have  
heard the Bible and have learned that Eve caused man to sin.  
Well if woman upset the world, do give her a chance to set it  
right side up again." The song calls us all to action as we  
contemplate the "great trouble in this land" – and that we are  
the ones who will "set it right again".*

There's a great trouble in the land

**We're gonna set it right again (3x)**

**We're gonna set it right, set it right again**

Trouble been brewing too many years

We need healing across the land

We need justice across the land

We're building a movement across the land

## Say No

By No Enemies

*The lyrics were written by the No Enemies Choir after the  
killing of Walter Scott in North Charleston, SC during the  
uprisings of the Black Lives Matter Movement in 2015.*

Say no, we won't be silent while our friends are gunned  
down

I'm a sleeping giant (by Suzi Q Smith)

There is a riot in my bones

We will not be silent (by Sam Rise)

Til all our friends are home

## No Nos Moveran / We Shall Not Be Moved

This song is a classic of the labor and Civil Rights struggles spanning the 20 th century. Originating from the spiritual “I Shall Not Be Moved”, the song first became an abolitionist song and was eventually translated into Spanish, becoming “No Nos Moveran” during actions such as Mexican American and women-led pecan-shellers strike of 1938. The song was also used to protest the fascist government in Spain of the middle 20 th century, as well as the anti-Pinochet movement Chile following the violent coup of 1973. The song was sung extensively in the US during the Civil Rights Movement when it became an anthem taught by the Highlander Folk School to movement organizers and popularized by groups like The Weavers and many others. Joan Baez continued to sing the song in both Spanish and English, performing in solidarity with Cesar Chavez and Delores Huerta in the United Farmworkers strikes of the 1970s. We Shall Not Be Moved can be heard in the 2014 “Tillis 15” sit-ins, when Rev. Barber led the song as a way for the community to bear witness to the suffering caused by the political action of Sen. Thom Tillis and many others.

No,no, no nos moveran! no, no, no nos moveran!

Como un arbol firme junto al rio

No nos moveran

We shall not, we shall not be moved

We shall not, we shall not be moved

Just like a tree that's planted by the water,

We shall not be moved

Unidos en la lucha, no nos moveran

Unidos en la lucha, no nos moveran

Como un arbol firme junto al rio

No nos moveran

We're fighting for our rights (and)

We shall not be moved...

No,no, no nos moveran! no, no, no nos moveran!

Como un arbol firme junto al rio

No nos moveran

Unidos en la vida, no nos moveran...

## Up Over My Head

Betty Mae Fikes

### *March or Rally*

*“Up Over My Head” is a song that comes out of the gospel tradition. It was popularized during the Civil Rights Movement by SNCC (Student Nonviolent Coordinating Committee) Freedom Singer - Bettie Mae Fikes. Bettie Mae Fikes was a founding member of the Freedom Singers, who used song as an essential tool to empower and educate audiences about civil rights issues during the Civil Rights Movement of the 60's.*

Up over my head

I see freedom in the air

Up over my head

I see freedom in the air

Up over my head

I see freedom in the air

And I really do believe

I said I really do believe

A change is coming out there

Up over my head

I see justice...

I see peace...

I see power...

I see hope...

I see change...

### Mi Unica (teach as call + response)

By the Peace Poets

### *March*

*This song was written by the Peace Poets in collaboration with Migrant Justice and Mijente fighting against the criminalization of immigrant communities and deportations. The Spanish lyrics say - hey yo, my people we bring the strength. Liberation for all is our only flag. It goes on to lift up a native prophecy of the Condor and Eagle, representing a time when the Condor (the south) and the Eagle (the north), societies that had split into two different paths, would be united and create a new level of consciousness for humanity. The song is an affirmation of the connection we share across boundaries, across borders, across identities.*

Oye mi gente traemos la fuerza

La libertad es mi única bandera

Rise up my people, my condors, my eagles

No human being will ever be illegal

## Hands Off (call and response) (C minor)

### *March*

By Joel McGlynn and Carrie Klein of Hot Glue & the Gun

*This song was originally written to be sung in the streets during the national day of action on April 5, 2025. On that day, thousands rose up across the country to confront the Trump administration and Elon Musk's ruthless assaults on Social Security, Medicare, SNAP, reproductive freedom, and immigrant and poor communities. From coast to coast, people took to the streets with rallies, marches, and pop-up protests to demand justice and fight back. Joel and Carrie led this song as part of the NYC march, raising their voices alongside the Kairos Center, NYC Poor People's Campaign, Iglesia del Pueblo, and others to lift a sound of defiance and hope in the face of injustice.*

*basic riff for call and response*

|Cm-Bb|Ab-G7| (walk down - in the manner of "16 Tons")

*bridge*

|Ab|Bb-(hit and stop on 3)|

Cm                      Bb  
HANDS OFF! - (HANDS OFF!)

Ab                      G7  
our DEMOCRACY  
HANDS OFF! - (HANDS OFF!)  
our DEMOCRACY  
HANDS OFF! - (HANDS OFF!)  
our BELOVED COMMUNITY

Social Security  
our Bodies  
our Workers  
our Trans Kids  
our Public Lands  
our Humanity  
our Farmers  
our Housing

bridge (every 3-4 times)

Ab Bb  
our BELOVED COMMUNITY

Cm  
says HANDS OFF!

## Trump, Your Kingdom Must Come Down

### *March or Rally*

Adaptation of the African American Spiritual "Satan Your Kingdom Must Come Down"

Trump, your kingdom must come down\*  
Trump, your kingdom must come down  
Oh I heard the voice of the people say,  
Trump your kingdom must come down

Hatred, your kingdom must come down  
Racism, your kingdom must come down  
Poverty, your kingdom must come down  
Greed, your kingdom must come down

We'll shout, 'til we tear your kingdom down  
We'll shout, 'til we tear your kingdom down  
Oh I heard the voice of the people say  
We'll shout, 'til we tear your kingdom down

We'll pray, 'til we tear your kingdom down  
We'll march, 'til we tear your kingdom down  
We'll sing, 'til we tear your kingdom down

\*Can also use - gonna tear your kingdom down



### **CHANT - People Power (call + response)**

Who's got the power?  
We've got the power!  
What kind of power?  
People power!

### **CHANT - No Crowns No Thrones**

No Crowns  
No Thrones  
These oligarchs have got to go

### **CHANT (call + response)**

When I say we want you say JUSTICE  
We want JUSTICE  
WE want JUSTICE

When I say we want you say DEMOCRACY

When I say we want you say NO KINGS

When I say we want you say NO CROWNS

When I say we want you say NO THRONES

When I say Justice you say FOR ALL

### **CHANT - Hey Hey! Ho ho!**

Hey hey! Ho ho!  
Donald Trump has got to go

Elon Musk has got to go  
These oligarchs have got to go  
These billionaires have got to go  
These government cuts have got to go  
These SNAP cuts have got to go  
These Medicaid cut  
These CHIP cuts

### **CHANT - Stand Up! Fight Back!**

When Democracy is under attack  
What do we do  
Stand Up! Fight Back

When public servants  
When healthcare  
When SNAP  
When immigrant rights  
When trans kids  
Our friends and neighbors are under attack

### **CHANT - Everywhere We Go (call + response)**

Everywhere we go  
People wanna know  
Who we are  
So we tell them  
We are the [people / workers / tenants]  
The mighty mighty people  
Fighting for justice  
And liberation

### **CHANT (call + response)**

Love (love)  
Not hate (not hate)  
Makes America Great

### **CHANT - No Hate, No Fear**

No hate, no fear, Refugees are welcome here

No hate, no fear, Immigrants are welcome here

### **CHANT - No somos uno (call + response)**

No somos uno  
No somos cien  
Somos millones  
Cuentanos bien

## TIPS FOR SONG LEADERS

- **The Power of 2:** It is helpful to have more than one song leader during an action. For marches - it is helpful to break up the crowd with song leaders so that energy is maintained across the march.
- **Don't Be Afraid to Stop:** If people are not finding the rhythm, the notes, the words... of the song, do not be afraid to pause and take a teaching moment. The goal of using music in action is to encourage participation and build unity/collectivity in the group.
- **Introduce the Music and Be Intentional:** Music in action is part of our action logic. Music can be used to deliver a powerful message and should connect with the overall strategy of the action.
- **Believe in the Power of Music:** Song leaders should believe in the power of music and be confident in knowing that music can move people in profound ways. **Sing out, sing strong,** and bring people into the spirit of the moment with you.
- **Lyrics:** Keep it simple! The goal of the music during actions should be to encourage participation. Songs should be easy to learn and easy to sing. Songs with too many words or complicated melodies will be difficult for the crowd gathered to join in singing.
- **Amplification:** Amplification ensures the message can be heard clearly by participants and helps to encourage full participation.
- **Set the Tone:** Good song and chant leaders can help maintain the energy and tone of an action / march. The right song can help energize the space when people are tired, it can help de-escalate when tensions rise, it can help ground the community when we are losing focus and more.

## ADDITIONAL RESOURCES

[NOKINGS.ORG](http://NOKINGS.ORG)

[Free Families Songbook](#)

[Singing Resistance Songbook](#)

[Songs in the Key of Resistance Songbook](#)

[ICE Out Sing-In Resistance Songbook](#)

For additional movement songs resources check out [Songs in the Key of Resistance](#) at the Kairos Center!